

Healthy Planet Lesson Plan

Objective: Caring for ourselves and our planet KS1

Covers Citizenship, Art, IT
Geography.

Introduction (10 – 15 mins)	<p>How do we care for ourselves? Stay healthy, be happy, make a positive contribution, etc. What else can we care for? Each other, our families, pets, animals, introduce plants, trees, water, air, etc.</p>	Basics
Main Activity (10-20 mins)	<p>Hold up pictures (or project on whiteboard) of animals, trees, water, the sky, etc, and ask the children how we can care for these things. Match words/phrases to pictures, fill in blanks etc. For example: Trees: water them, replant them, don't waste paper, share books Water: don't waste it, don't drink bottled water Air: ride a bike, walk to school Visit national geographic kids: Conserve Resources, Living in A Green World, Drinking Water: Bottled or From the Tap? (see Games, Stories and Activities) http://kids.nationalgeographic.com/Stories/SpaceScience/Green-tips/</p>	Introduce idea of shared responsibility and increase environment awareness
Individual/ pair work (10-20 mins)	<p>Get the children to use Healthy Planet interactive tools to identify forests, oceans and parks. http://conservation.healthyplanet.org/component/option,com_wrapper/Itemid,304/ Ask the children to draw a picture of something in the environment and how it can be cared for. Ask them to show each other and explain why they have chosen their item.</p>	Introduces individual responsibility, then together can show how collective ideas makes a bigger impact
Summary (5 mins)	<p>Explain what the children have learnt, reiterating why it is important that we have to look after our planet just like we look after ourselves.</p>	